

Aqua Classes, Sept '26 – April '27

Oak Flats Pool

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aqua Mix	8.05am - 8.50am Oak Flats 25m Pool Instructor: Tina/Shelly	8.05am - 8.50am Oak Flats 25m Pool Instructor: Tina	6.30pm - 7.15pm Oak Flats 25m Pool Instructor: Shelly/Mel		8.05am - 8.50am Oak Flats 25m Pool Instructor: Tina	7.00 am - 7.45am Oak Flats 25m Pool Instructor: Tina/Shelly
Aqua Cardio	9am - 9.45am Oak Flats 50m Pool Instructor: Mel		8.05am - 8.50am Oak Flats 50m Pool Instructor: Mel	8.05am - 8.50am Oak Flats 50m Pool Instructor: Shelly		
Deep Water					9am - 10am Oak Flats 50m Pool Instructor: Shelly/Mel	

