



International Day of People with Disability 3 December



2023 Calendar of Events



International Day of People with a Disability is a United Nations observed day that is celebrated world-wide on 3 December each year.

This regional 'Celebration of Ability calendar', provides an opportunity to recognise the achievements and contributions that people with a disability make to our community.

**This is your opportunity to join in our Celebration of Ability.
Have fun and enjoy yourself!**

Conditions

- Information in this brochure is correct at time of printing.
- Numbers are limited and bookings are essential.
- All events are free unless otherwise specified.
- Individuals requiring a support person are required to bring their own support person unless otherwise specified.
- Notify organisers of any relevant food allergies or serious health conditions.



Intergenerational

Tie dyeing workshop

Come together for our fun and inclusive tie-dyeing workshops.

You'll learn basic tie-dyeing techniques and then create two bright and beautiful pillowcases to take home.

Saturday 25 November

Session 1 | 10:00am - 11:30am

Session 2 | 12:15pm - 1:45pm

At the Imaginarium, corner of Addison & Wentworth Streets, Shellharbour

This session is suitable for beginners and all material is supplied. The activity can be messy. Wear suitable clothes for crafting and bring an apron if you have one.

Numbers limited to 12 per session

BOOKINGS ESSENTIAL

Contact 4221 6222 or book online at
[libraries.shellharbour.nsw.gov.au/event/
family-tie-dyeing-workshop](https://libraries.shellharbour.nsw.gov.au/event/family-tie-dyeing-workshop)



Shellharbour
CITY COUNCIL

Wednesday
29
Nov

Healthy End of Life Cafe

Talking about death and dying is hard. Come along to our safe space where people can come together, drink tea and coffee and enjoy an open and relaxed conversation about death and dying with a view to helping people make the most of, and enjoy their lives.

This session is not recommended for people who are recently bereaved.

TIME: 10.30am to 12.00pm
LOCATION: Shellharbour Civic Centre
76 Cygnet Ave, Shellharbour City Centre
CONTACT: 4221 6007 or book online at
www.shellharbour.nsw.gov.au/whats-on



In celebration of



3 December
International Day of
People with Disability

**Shellharbour City Council's
pools will be FREE for
residents with disabilities
and their carers from**

**Friday 1 December to
Thursday 7 December**

Includes Adaptive Aqua Aerobics class
at Oak Flats pool
Tuesday 5 December, 11.30am

Albion Park Pool	Russell Street, Albion Park 4256 3744
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Oak Flats Pool	15 Hope Street, Oak Flats 4256 1362
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Warilla Pool	Benaud Crescent, Warilla 4296 2141
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Shellharbour Ocean Pool	John Street, Shellharbour
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**Chair lift and portable steps available to assist with entry.
Speak to the lifeguards on duty for more information.**



Saturday
2
Dec

Have a go surf day

Fun, safe morning of tandem surfing fully supervised water activities. All surfing equipment provided; community volunteers assist DSA members throughout the day's activities. Pool sessions first before entering the ocean to catch some waves. Beach wheelchair available for those with mobility issues. All participants receive a give-away bag and trophy during presentation. BBQ lunch also provided.

TIME: 9.00am to 1.30pm

LOCATION: Thirroul Beach - southern side of pool

CONTACT: 0421 601 222

president-south-coast@disabledsurfers.org

Free ticket bookings made through Humanitix for all attending surfers,volunteers and carers.

Larger organisations who intend to participate and enrol more than 6 participants must provide carers ratio 2/6.

Registration for this event will start at 9am at the beach location for participants, carers, and volunteers



Sunday
3
Dec

Paddle Boarding Lessons

Learn to paddle board with an accredited instructor with all the equipment provided.

You'll be taught on land before having fun on the water.

We provide lots of different levels for all participants.

Volunteers from our local iSUP Club will also be available to help.

TIME: 9.00am to 1.00pm
LOCATION: Reddall Reserve, Lake Illawarra
CONTACT: Rebecca on 0427 667 938
COST: \$20 per participant (discounted from \$45)

Numbers are limited so book in early.

People requiring life jackets need to email supshellharbour@bigpond.com prior to the event to ensure there is the correct size available.

Monday
4
Dec

Gingerbread House Decorating for Adults

Wollongong Library is partnering with Guide Dogs NSW/ACT to host a gingerbread house decorating activity in a belated celebration of International Day of People with a Disability.

This event is for adults who live with low vision or blindness and their families. The event aims to enhance access to the community.

Wollongong Library will provide gingerbread house kits, lollies and icing.

TIME: 10.00am to 12.00pm

LOCATION: Wollongong City Library, The Lab,
41 Burelli St Wollongong

CONTACT: Please provide your name, mobile phone number and the number of people who will be attending including support workers, by emailing connections@guidedogs.com.au

Tuesday
5
Dec

Gingerbread House Decorating for Adults

requiring an Auslan Interpreter

Gingerbread house kits, lollies and icing provided.

TIME: 10.00am to 12.00pm

LOCATION: Corrimal Library
15 Short Street, Corrimal

CONTACT: Please provide your name, mobile phone number and the number of people who will be attending including support workers, by emailing libraryevents@wollongong.nsw.gov.au

Tuesday
5
Dec

Greenacres Disability Services

Ten Pin Bowling Tournament

TIME: 10.30am to 12.30pm
LOCATION: Zone Bowling, Albion Park Rail
CONTACT: Sharyn Balmer / Mikael N on 0417 022 537
COST: \$12 per bowler – covers bowling charges on the day
RSVP: Numbers limited - book in early

Open to teams and individual bowlers with a disability.
Awards are presented following the tournament for:

- Highest Team Score
- 1st, 2nd and 3rd Highest Individual Scores
- Best Fancy Dressed Individual or Team.

Wednesday
6
Dec



DATE: Wednesday 6 December
TIME: 10.00am
LOCATION: 254 Nolan Street, Unanderra

To join the fun contact Flagstaff's marketing department on (02) 4272 0222

Shellharbour Summer Fair

Stall
Holders

Live
Entertainment

Hair
Braiding

Art and
Craft

Wednesday 6 December
Albion Park Show Grounds
10.30am - 1.30pm

An inclusive event for all ages and abilities!

Free BBQ
Lunch

Face
Painting

Accessible
Bike Track

And so
much
more...



For more info contact millert@missionaustralia.com.au 0477396885
Mission Australia: LoweJu@missionaustralia.com.au 4260 4705

**MISSION
AUSTRALIA** together
we stand

Flagstaff
GROUP

iEA ILLAWARRA
ESTATE AGENTS

Shellharbour
CITY COUNCIL

Communities for Children
Shellharbour

Barnardos
Australia

The
Disability TRUST



Individuals requiring a support person are required to provide the support person



Friday
8
Dec

Gingerbread House Decorating for Young People

Wollongong Library is partnering with Guide Dogs NSW/ACT to host a gingerbread house decorating activity in a belated celebration of International Day of People with a Disability.

This event is for young people who live with low vision or blindness and their families. The event aims to enhance access to the community.

Wollongong Library will provide gingerbread house kits, lollies and icing.

TIME: 4.00pm to 6.00pm

LOCATION: Wollongong City Library, The Lab,
41 Burelli St Wollongong

CONTACT: Please provide your name, mobile phone number and the number of people who will be attending including support workers, by emailing

connections@guidedogs.com.au

ndis

SOCIAL & SKILLS 18+

GAMING NIGHT

Friday
8
Dec

Social and Skills 18+ Gaming Night

Get ready to immerse yourself in a world of gaming excitement with a wide array of consoles and games to choose from.

Whether you're a seasoned gamer or just looking to unwind, this event is open to all Plan and Self-Managed participants aged 18 and above.

TIME: 6.00pm to 9.00pm

LOCATION: Huskisson Community Centre,
Dent Street Huskisson

CONTACT: James Munson on 0416 926 939
james@changingtide.com.au

COST: No out of pocket costs. \$250 from
Social and Community NDIS funding

RSVP: 24 November 2023



Sunday
10
Dec

Celebrate Sailing Day

A day of fun and sailing for everyone.
Subject to good weather conditions.

TIME: 10.00am to 3.00pm
LOCATION: Illawarra Yacht Club,
Northcliffe Drive, Warrawong
CONTACT: Len Snowden on 0438 873 447
COST: \$5 per person sailing

Complete water supervision

Feedback

We hope that you have enjoyed the activities during
Celebration of Ability 2023

To help us plan for next year's activities please
contact Narelle Williams and let her know:

What things you:

- Liked about Celebration of Ability 2023
- Things you'd like to see in future Celebration of Ability Events

Narelle can be contacted at:

Celebration of Ability
Shellharbour City Council
Locked Bag 155
Shellharbour City Centre NSW 2529

Ph: 4221 6007

Email: narelle.williams@shellharbour.nsw.gov.au



Did you know?



The National Public Toilet Map provides details on over 19,000 publicly available toilets across Australia including accessibility, opening hours and facilities such as showers and baby change.

Go to ToiletMap.gov.au for more information.

Toilets fitted with a MLAK can be opened after hours. Conditions apply.

Go to <https://www.masterlocksmiths.com.au/mlak/> or phone 1800 810 698 for more information.



Did you know?

Beach wheelchairs and matting is available at some of our beaches. Contact your local Council for more information.



Did you know?

Many of our parks are inclusive. Contact your local Council for details on the inclusive parks near you.

Our libraries also have many accessible services such as audiobooks, large print books and a home library service.

Contact your local library for more information.





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www.shellharbour.nsw.gov.au



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